

06/04/2023. The Most Holy Trinity, Year A

Ex.34:4-6, 8-9; 2Cor.13:11-13; Jn.3:16-18

Today our church celebrates Holy Trinity feast which is a basic doctrine of Faith in Christianity and teaches us that there are three distinct Persons in one God, sharing the same Divine Nature, co-equal and co-eternal. We are baptized, confirmed, anointed, our sins are forgiven and your marriage blessed, in the name of the Holy Trinity. When the Church bells ring thrice daily, we Bless ourselves, and the priest blesses us, in the name of the Holy Trinity. All prayers in the Church begin & end in the Name of the Holy Trinity.

There is a story about a man who was suspected of being out of his mind, climbed a tree. Many were worried about this. So, they shouted at him to come down from the tree but he did not. They called the captain of the fire department to convince him to go down but he was not convinced. They called another higher authority but it's hopeless. Finally, they called their old parish pastor of that place. So, the old priest went to the place and they asked him to make a blessing if in case he will fall down and die. So, the priest made the Sign of the Cross. After a while the man went down from the tree and the people were surprised why it happened that way. They asked the young man how the priest was able to convince the man to come down with the sign of the Sign of the Cross made by the priest. The young man told them: I don't know what the priest did. But when the priest showed his hand tracing a vertical line, I thought he asked me to come down and when the priest showed his hand tracing horizontal line in the air I thought he is going to cut down the tree if I refuse to come down. See the power of the sign of the cross, the prayer of Holy Trinity.

Trinity Sunday is a good opportunity to pay special attention to what we do and pray every Sunday. Today we encounter the mystery of all mysteries, the mystery that underlines our faith and our entire spiritual lives. Let me try to give you some Biblical proofs; At the Annunciation, God the Father sends His angel to Mary, God the Holy Spirit overshadows her and God the

Son becomes incarnate in her womb. At the baptism of Jesus, when the Son receives baptism from John the Baptist, the Father's Voice is heard and the Holy Spirit appears as a Dove. At the Ascension, Jesus gives the missionary command to his disciples to baptize those who believe, in the name of the Father, Son and Holy Spirit.

It is a mystery, too hard for many people to accept. Many people prefer having a God whom they can understand. The mystery of the most Holy Trinity is a basic doctrine of Faith in Christianity, understandable not with our heads but with our hearts. The last words we hear from Jesus in our Gospel today are: "Behold! I am with you always." This isn't just a happy thought. It's another way of expressing the beautiful spiritual reality of our lives. As we all remember, when Jesus was born, they called him Emmanuel. And as we know, that name means, "God with us." The mystery of the Trinity means that we have access to God – all the time. Let us have the firm conviction that the Trinitarian God abides in us, that He is the Source of our hope, courage and strength and that He is our final destination.

St. John described it in one of his letters. He said very simply, "God is Love." And the theologians and saints have helped us to see, that in his innermost heart – God is a communion of three divine Persons in love. Remember, the human person is created in the image of God. In the image of the God who is Love. It is like a family, no matter how a science or biology can explain but it is a mystery of conjugal love shared between a mother and a father that makes a child. Thus, the Trinity tells us the meaning of our lives. And we believe the Blessed Trinity only through faith. This faith has to be realized, embodied and materialized in our concrete lives that makes the life of a Christian so important. It tells us that we are made to share in the life of the Blessed Trinity. This is the basic reality of our Christian lives. Jesus said that if we love him and keep his commandments, that God will come, the Trinity, to make his home within us.

Let us practice the Trinitarian relationship of love and unity in the family relationships of father, mother and children because by Baptism we become children of God and members of God's Trinitarian family. **Amen.**